

# "FALL BACK" Young Adult Retreat Day



Need time to just  
"breathe" in the  
midst of a busy semester?

Wish you could take a  
day off from the **stress**?



No problem! Come away and  
"fall back" for a day at the  
beautiful Redeemer Valley Farm  
and Transformation Center!

521 Moredon Road  
Huntingdon Valley, PA 19006

**When:** Saturday, November 4th

**Time:** 10AM - 5PM

**Cost:** \$10 cash donation to cover lunch/snacks/materials

**Dress:** Outdoor, casual. Sneakers and a long sleeve shirt or jacket suggested. We will spend a good portion of the day outside in garden and wooded area.

**Register by October 28:**

<https://forms.gle/UaMZ9peQRFTiQJQu8>

**Questions:** Contact Sister Michele Fisher, CSFN  
sorellamichele@aol.com

