Important Religious Activities in the Family

Family members of priests, sisters and brothers were asked to choose from a list of 20 religious activities or customs and identify what was important to the family at the time they learned their family member was considering a vocation. The top five results are shown below:

Important Religious Activities or Customs

- Mass, or other religious services: 92%
- Grace before or after meals: 82%
- Display of religious art: 75%
- Active participation in parish life: 68%
- Use of sacramentals (cross, medal, etc.): 65%

Nine in ten family members indicated that Mass was important to them while eight in ten indicated saying grace before or after meals was important. The top two activities on the list are a way of directly communicating with God and the other three place us in an environment where we are reminded of God.

This suggests that placing people in an environment where they can talk to God or even be reminded of God can help them discern the path God wants them to take.

This study was commissioned by the National Religious Vocation Conference, and conducted by the Center for Applied Research in the Apostolate (CARA). CARA contacted 2,172 women and men religious and 4,140 priests and seminarians in 2014. Fully 1,279 men and women religious and 1,352 diocesan priests and seminarians responded to the survey. These men and women provided 1,547 family members, of whom 892 responded.


To obtain the full study, an executive summary, and resources connected to the study, go to: https://nrvc.net/295/article/2015-nrvc-cara-family-study-overview-7437